

**NEED RELIEF FOR YOUR  
THROAT AND MOUTH  
CONDITION?**



**Andolex<sup>®</sup> has a range to suit your needs**

**Just Andolex it<sup>®</sup>**  
all year round





## SORE THROAT?

### So what exactly is a sore throat and what causes it?

A sore throat is characterised by a painful, scratchy sensation in the throat, which often worsens when swallowing or talking. You may also have sore, swollen glands, a hoarse or strained voice, and difficulty swallowing. While a sore throat can often be caused by viral infections such as colds and flu, they can also be caused by:<sup>2</sup>



Allergies to pet dander, mould, dust and pollen



Dry indoor air can make your throat feel rough and scratchy



Air pollution, drinking alcohol and eating spicy foods



Works within  
**1 MINUTE**<sup>13</sup>





## SORE MOUTH?

### So what exactly are mouth sores and what causes it?

Mouth sores are painful lesions that form in your oral soft tissues. They may appear on your lips, gums, tongue, cheeks, the floor of your mouth or even the roof of your mouth.<sup>3</sup>

A mouth sore can be characterised by mouth ulcers which have a white or yellow layer with a red base (usually inside the lips, cheek or on the tongue), painful red patches, mouth blisters or swelling, or even a burning sensation.<sup>4</sup>

Mouth sores are caused by ailments such as:<sup>4</sup>



Ill-fitting braces or dentures



Viral and bacterial infections



Dry mouth



Smoking



**SUGAR FREE!**



# HEALTHY MOUTH?

## Why should I look after my oral health?

Oral health is considered integral and essential to general health and a determinant factor in quality of life.<sup>5</sup>



The three oral conditions that most affect overall health and quality of life are cavities, severe gum disease such as gingivitis and periodontitis, and severe tooth loss.<sup>6</sup>



Gum disease ranks second only to the common cold in terms of prevalence, with an estimated 90% of South Africans experiencing the problem at some point.<sup>7</sup>



An oral health routine should include brushing teeth twice a day, flossing, rinsing with a mouthwash and regular trips to the dentist.<sup>8</sup>



**PROTECTS FOR UP TO 14 HOURS<sup>#22</sup>**

<sup>#</sup>>99.9% reduction in viable bacteria after 30 seconds exposure *in vitro*.

<sup>#</sup>The inhibitory effect on plaque formation lasts up to 14 hours *in vitro*.



## DRY MOUTH?

### So what exactly is a dry mouth and what causes it?



Dry mouth, which may be associated with burning mouth syndrome, is essentially reduced saliva flow.<sup>9,10</sup>



Symptoms of dry mouth can include a sticky, dry, or burning feeling in the mouth, trouble chewing, swallowing, tasting or speaking, a dry or sore throat, a dry tongue, halitosis (bad breath) and even mouth sores. Having a dry mouth also increases your risk of developing dental decay and gum disease.<sup>9</sup>



Saliva is important to maintain a healthy mouth, so when the flow of saliva decreases, oral diseases can develop.<sup>11a</sup> Saliva also washes your teeth providing minerals for repair, and helps prevent bacteria, viruses and fungi from causing tooth decay and gum disease.<sup>12</sup>



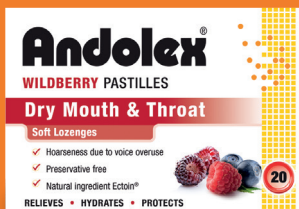
There are many possible causes of dry mouth which include age, a range of medical conditions, medications, dehydration and smoking.<sup>9</sup>



Some advice for a person with dry mouth is to sip water frequently, especially after meals.<sup>9,12</sup>



They should also limit food and drinks that contribute to dry mouth such as sugary food or drinks, fruit juice, sports drinks, energy drinks, alcohol and caffeine e.g. tea, coffee, as well as salty foods.<sup>9,12</sup>





Works within  
**1 MINUTE**<sup>13</sup>



**Ask your pharmacist about Andolex®-C for the symptomatic relief of painful inflammatory conditions of the mouth and throat, with minor infection.**

**For adults and children from 6 years and older**

## Andolex®-C Spray and Rinse

- ✓ Targeted pain relief for up to 4 hours<sup>13</sup>
- ✓ Kills bacteria, viruses and fungi\*<sup>14</sup>
- ✓ Numbs and relieves a painful sore throat and mouth within 1 minute<sup>13</sup>
- ✓ Reduces swelling for easy swallowing

## Andolex®-C Spray and Rinse Dosage and Directions

### ADULTS:

Rinse or Gargle: 15 ml every 1.5 to 3 hours as needed. The rinse should be held in the mouth and swirled around for at least 30 seconds then expelled from the mouth after use and not swallowed.

### ADULTS:

Spray: 5 - 10 sprays directly onto the painful or inflamed area, swallow gently. Repeat every 1.5 to 3 hours as needed.

### (CHILDREN 6-12 YEARS):

Rinse or Gargle: 5-15 ml every 3 hours

\*activity against some viruses *in vitro*

# SORE MOUTH & THROAT?

## Just Andolex it®



Ask your pharmacist about Andolex® for the symptomatic relief of painful inflammatory conditions of the mouth and throat.

For adults and adolescents from 12 years and older

### Andolex® Spray and Rinse

- ✓ Targeted pain relief for up to 4 hours<sup>13</sup>
- ✓ Numbs and relieves a painful sore throat and mouth within 1 minute<sup>13</sup>
- ✓ Reduces swelling for easy swallowing

### Andolex® Spray and Rinse Dosage and Directions

#### (≥ 12 YEARS):

Rinse or Gargle: 15 ml every 1.5 to 3 hours as needed. The rinse should be held in the mouth and swirled around for at least 30 seconds then expelled from the mouth after use and not swallowed.

#### (≥ 12 YEARS):

Spray: 5 -10 sprays directly onto the painful or inflamed area, swallow gently. Repeat every 1.5 to 3 hours as needed.

# SORE MOUTH & THROAT?



## Just Andolex it<sup>®</sup>



Works within  
**1 MINUTE**<sup>13</sup>



### DOUBLE STRENGTH

Ask your pharmacist about the Andolex<sup>®</sup> Analgesic range for symptomatic relief of painful inflammatory conditions of the mouth and throat.

#### Andolex<sup>®</sup> Analgesic Lozenges and Spray

- ✓ Targeted pain relief for up to 4 hours<sup>13</sup>
- ✓ Numbs and relieves a painful sore throat and mouth within 1 minute<sup>13</sup>
- ✓ Reduces swelling for easy swallowing
- ✓ Andolex<sup>®</sup> Analgesic Spray can be used after dental procedures and extractions

#### Andolex<sup>®</sup> Analgesic Lozenges and Spray Dosage and Directions

##### **Lozenges: For adults and children older than 6 years**

Slowly suck one lozenge every 1-2 hours as needed. (Max. 12 lozenges daily) (Uninterrupted treatment should not exceed seven days except under medical supervision)

##### **Spray: for adults**

Spray 2-4 sprays directly onto the sore/inflamed area and swallow gently 2-6 times a day as needed. (Max. 6 times daily)

(Uninterrupted treatment should not exceed 3 days, except under medical supervision)



# SORE THROAT?



## Just Andolex it®



**Andolex®-C offers convenient ON-THE-GO symptomatic relief of painful inflammatory conditions of the mouth and throat, with minor infection.**

**For adults and children from 6 years and older**

### Andolex®-C Lozenges

- ✓ Triple action
- ✓ Numbs a painful, sore throat
- ✓ Reduces redness and swelling
- ✓ Kills bacteria, viruses and fungi\*<sup>15</sup>



### Andolex®-C Lozenges Dosage and Directions

**(≥ 6 YEARS):**

Slowly suck one lozenge every 1 to 2 hours as needed.  
(Do not chew)  
(Max. 12 lozenges daily)  
(Uninterrupted treatment should not exceed 7 days)

\*Cetylpyridinium chloride is active against certain types of bacteria, viruses and fungi

**SORE  
THROAT?**

**Just Andolex it®**



**Andolex® lozenges offers ON-THE-GO relief of an irritated, scratchy throat<sup>16</sup>**

**NEW Soothing Lozenges**

**Ask your pharmacist about Andolex® lozenges for soothing relief of an irritated, scratchy throat<sup>16</sup>**

**For adults and children from 6 years and older**

### **Soothing Andolex® Lozenges**

- ✓ Dual action
- ✓ Soothes a sore throat
- ✓ Kills bacteria and viruses<sup>17</sup>

### **Soothing Andolex® Lozenges Dosage and Directions**

**(≥ 6 YEARS):**

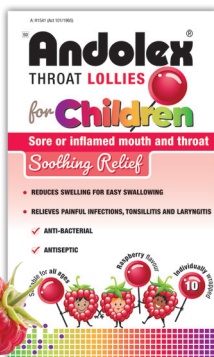
Slowly suck one lozenge every 2-3 hours as needed (Max. 12 lozenges daily)

If symptoms persist, have not improved, or have worsened after 2 days consult a doctor or health care professional.

**SORE  
THROAT?**



**Just Andolex it<sup>®</sup>**



**Andolex<sup>®</sup> throat lollies for children offers  
soothing relief of sore, irritated and  
scratchy throats<sup>18</sup>  
Suitable for all ages**

### **Andolex<sup>®</sup> Throat Lollies**

- ✓ Relieves painful throat infections  
e.g. tonsillitis & laryngitis
- ✓ Relieves mouth and gum irritations
- ✓ Reduces swelling for easy swallowing
- ✓ The only throat lolly available with  
anti-bacterial and antiseptic properties<sup>19,20</sup>

### **Andolex<sup>®</sup> Throat Lollies Dosage and Directions**

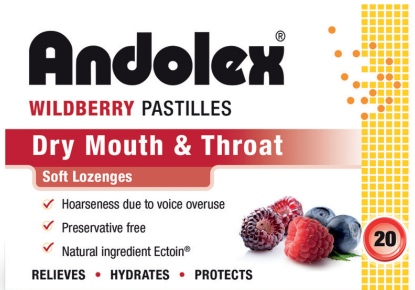
#### **(Suitable for all ages)**

One lolly to be sucked every 3 hours, and allowed to dissolve slowly in the mouth for maximum effect. (In the case of infants it is recommended that the lolly be given under continuous supervision)

**DRY  
MOUTH?**



**Just Andolex it®**



**Andolex® Wildberry Pastilles relieves, hydrates and protects a dry mouth and throat.**

**For adults and children from 6 years and older**

### **Andolex® Wildberry Pastilles**

- ✓ Relieves hoarseness due to voice overuse
- ✓ Inflammation-reducing properties
- ✓ Forms a protective shield on mucus membranes
- ✓ Tasty flavour & preservative-free

### **Andolex® Wildberry Pastilles Dosage and Directions**

**(≥ 6 YEARS):**

Dissolve 1-2 pastilles, slowly in the mouth every 3 hours or as often as required



# HEALTHY MOUTH?

## Just Andolex it<sup>®</sup>



PROTECTS FOR UP TO 14 HOURS<sup>#22</sup>



Kills bacteria within  
**30 SECONDS**<sup>\*14</sup>



Chlorhexidine gluconate 0.12 %

<sup>\*</sup>>99.9 % reduction in viable bacteria after 30 seconds exposure *in vitro*.

<sup>#</sup>The inhibitory effect on plaque formation lasts up to 14 hours *in vitro*.

**Andolex<sup>®</sup>-C Anti-bacterial mouthwash may be used as an oral antiseptic or to maintain oral hygiene.**

**For adults and children from 6 years and older**

### Andolex<sup>®</sup>-C Anti-Bacterial Mouthwash

**Kills bacteria, viruses and fungi to help:**

- ✓ Maintain a healthy mouth<sup>14</sup>
- ✓ Prevent gum disease<sup>14</sup>
- ✓ Reduce plaque build up<sup>14</sup>
- ✓ Eliminate bad breath<sup>14</sup>

### Andolex<sup>®</sup>-C Anti-Bacterial Mouthwash Dosage and Directions

**(≥ 6 YEARS):**

Brush teeth before gargle or rinse. Rinse or gargle mouth for **30 seconds**. Do not swallow.

Oral hygiene use: **10 ml** twice daily, as needed throughout the month.

**Antiseptic use:** 10 ml twice daily.

(Do not use for more than 10 consecutive days without consulting your health care professional)

**SORE  
MOUTH?**

**Just Andolex it®**



**SUGAR  
FREE!**



**Andolex®-C Oral Gel relieves  
painful, inflamed conditions of the  
mouth, including mouth and denture ulcers  
and sore gums.**

**For adults and children from 6 years and older**

### **Andolex®-C Oral Gel**

- ✓ Numbs the pain<sup>21</sup>
- ✓ Kills bacteria, viruses and fungi<sup>\*15</sup>
- ✓ Reduces gum irritation
- ✓ Targets inflammation

### **Andolex®-C Oral Gel Dosage and Directions**

**(≥ 6 YEARS):**

Apply approximately **1 cm** of gel with finger, gently massage into sore area. Do not eat or drink for **15 minutes**.

Apply every **2 to 3 hours** up to a maximum of **12 times per day**.

If symptoms persist see your doctor or dentist.

\*Cetylpyridinium chloride is active against certain types of bacteria, viruses and fungi

# NEED RELIEF FOR YOUR THROAT AND MOUTH CONDITION?



**Andolex®**  
**SA's NO.1**  
Prescribed brand  
for a sore mouth  
and throat¹



✓ Sore Mouth

✓ Sore Throat

✓ Healthy Mouth\*

✓ Dry Mouth

\*Andolex®-C Anti-bacterial Mouthwash contains chlorhexidine gluconate 0.12%



**References:** 1. Impact Rx and IMS MAT September 2023. 2. Mayo Clinic Staff. Sore Throat. Mayo Clinic. Available at: <https://www.mayoclinic.org/diseases-conditions/sore-throat/symptoms-causes/syc-20351635> [Cited December 2023]. 3. Cleveland Clinic. Mouth Sore. [Online 30 October 2021]. Available at: <https://my.clevelandclinic.org/health/diseases/21754-mouth-sore> [Cited December 2023]. 4. Seymour T. Everything you need to know about stomatitis [Online 9 June 2017]. Available at: <https://www.medicalnewstoday.com/articles/317839> [Cited December 2023]. 5. Glick M, Monteiro da Silva O, Seeberger GK, et al. FDI Vision 2020: shaping the future of oral health. *Int Dent J*. 2012;62(6):278-91. doi: 10.1111/idxj.12009. 6. Centers for Disease Control and Prevention. Oral Health Fast Facts. Available at: <https://www.cdc.gov/oralhealth/fast-facts/index.html> [Cited December 2023]. 7. South African Government. National Oral Health Month. September 2022. Available at: <https://www.gov.za/NationalOralHealthMonth2022> [Cited December 2023]. 8. Cleveland Clinic. Oral Hygiene. [Online 12 May 2022]. Available at: <https://my.clevelandclinic.org/health/treatments/16914-oral-hygiene> [Cited December 2023]. 9. The Healthline Editorial Team, Nunez K. What to Know About Dry Mouth. [Updated 9 March 2023]. Available at: <https://www.healthline.com/health/dry-mouth> [Cited December 2023]. 10. Gurvits GE, Tan A. Burning mouth syndrome. *World J Gastroenterol*. 2013;19(5):665-72. doi: 10.3748/wjg.v19.i5.665. 11. Dodds MWJ, Roland S, Edgar M, Thornhill M. Saliva A review of its role in maintaining oral health and preventing dental disease. *BDJ Team*. 2015;2(1-8):15123. DOI: 10.1038/bdjteam.2015.123. 12. Southern Australian Dental Service. Information for people with dry mouth. Available at: <https://www.sahealth.sa.gov.au/wps/wcm/connect/71b5e78040e84749993eddeeb39a63e9/RES-Dry-mouth-20401.pdf?MOD=AJPERES&CACHEID=ROOTWORLDSPACE-71b5e78040e84749993eddeeb39a63e9-nwKH7R> [Cited December 2023]. 13. Valerio C, Di Loreto G, Salvatori E, Cattaneo A. Comparative evaluation of rapidity of action of benzydamine hydrochloride 0.3% oromucosal spray and benzydamine hydrochloride 3 mg lozenges in patients with acute sore throat: A phase IV randomized trial. *Medicine (Baltimore)*. 2023;102(13):e33367. doi: 10.1097/MD.00000000000033367. 14. Kumar SB. Chlorhexidine Mouthwash-A Review. *J. Pharm. Sci. & Res*. 2017; 9(9):1450-1452. 15. Steyer A , Maruši M, Kolenc M, Triglav T. A Throat Lozenge with Fixed Combination of Cetylpyridinium Chloride and Benzydamine Hydrochloride Has Direct Virucidal Effect on SARS-CoV-2. *COVID*. 2021;1:435-446. <https://doi.org/10.3390/covid1020037>. 16. Sore throat. MayoClinic.org. [online, nd]. Available at: <https://www.mayoclinic.org/diseases-conditions/sore-throat/symptoms-causes/syc-20351635?p=1> [Cited December 2023]. 17. National Center for Biotechnology Information (2023). PubChem Compound Summary for CID 15684, 2,4-Dichlorobenzyl alcohol. [online]. Available from: [https://pubchem.ncbi.nlm.nih.gov/compound/2\\_4-Dichlorobenzyl-alcohol](https://pubchem.ncbi.nlm.nih.gov/compound/2_4-Dichlorobenzyl-alcohol) [Cited December 2023]. 18. Farrer F. Review article: Sprays and lozenges for throat infections. *S Afr Pharm J*. 2012;54(2):120-122. 19. Data on File I. 20. Data on File II. 21. Quane PA, Graham GG, Ziegler JB. Pharmacology of benzydamine. *Inflammopharmacology*. 1998;6(2):95-107. doi: 10.1007/s10787-998-0026-0. 22. Eden B. Prevention Strategies for Periodontal Diseases. Chapter 16:213-229.

**Scheduling status:** [S0] **Proprietary name (and dosage form):** ANDOLEX® BLACKCURRANT LOZENGES. **Composition:** Each lozenge contains: 2,4 Dichlorobenzyl Alcohol 1,2 mg; Amylmetacresol 0,6 mg. Contains sugar. **Registration number:** 50/16.4/2300. **Scheduling status:** [S0] **Proprietary name (and dosage form):** ANDOLEX® HONEY LEMON LOZENGES. **Composition:** Each lozenge contains: 2,4 Dichlorobenzyl Alcohol 1,2 mg; Amylmetacresol 0,6 mg. Contains sugar. **Registration number:** 50/16.4/2330. **Scheduling status:** [S0] **Proprietary name (and dosage form):** ANDOLEX® ORANGE LOZENGES. **Composition:** Each lozenge contains: 2,4 Dichlorobenzyl Alcohol 1,2 mg; Amylmetacresol 0,6 mg. Contains sugar. **Registration number:** 50/16.4/2310. **Scheduling status:** [S0] **Proprietary name (and dosage form):** ANDOLEX® LEMON LOZENGES. **Composition:** Each lozenge contains: 2,4 Dichlorobenzyl Alcohol 1,2 mg; Amylmetacresol 0,6 mg. Contains sugar. **Registration number:** 50/16.4/2315. **Scheduling status:** [S1] **Proprietary name (and dosage form):** ANDOLEX®-C ORAL RINSE. **Composition:** Each 15 ml contains: Benzydamine HCl 22.5 mg, Chlorhexidine gluconate 18 mg, Alcohol 9 % v/v. **Registration number:** 31/16.4/0143. **Scheduling status:** [S1] **Proprietary name (and dosage form):** ANDOLEX® SOLUTION. **Composition:** Each 15 ml contains Benzydamine HCl 22.5 mg. **Preservative:** Methyl hydroxybenzoate 0.1 % m/v. Contains alcohol 10 % v/v. **Registration number:** 2/16/40. **Scheduling status:** [S1] **Proprietary name (and dosage form):** ANDOLEX®-C ORAL GEL. **Composition:** Benzydamine HCl 10 mg/g, Cetylpyridinium Chloride 1 mg/g. **Registration number:** 33/16.4/0285. **Scheduling status:** [S0] **Proprietary name (and dosage form):** ANDOLEX®-C LOZENGES ORANGE. **Composition:** Each lozenge contains: Benzydamine HCl 3.00 mg, Cetylpyridinium chloride 1.33 mg. **Registration number:** 36/16.4/0195. **Scheduling status:** [S0] **Proprietary name (and dosage form):** ANDOLEX®-C RASPBERRY LOZENGES. **Composition:** Each lozenge contains: Benzydamine HCl 3.00 mg, Cetylpyridinium chloride 1.33 mg. **Registration number:** 31/16.4/0042. **Scheduling status:** [S0] **Proprietary name (and dosage form):** ANDOLEX®-C LOZENGES HONEY/LEMON. **Composition:** Each lozenge contains: Benzydamine HCl 3.00 mg, Cetylpyridinium chloride 1.33 mg. **Registration number:** 35/16.4/0320. **Scheduling status:** [S0] **Proprietary name (and dosage form):** ANDOLEX®-C LOZENGES STRAWBERRY. **Composition:** Each lozenge contains: Benzydamine HCl 3.00 mg, Cetylpyridinium chloride 1.33 mg. **Registration number:** 33/16.4/0374. **Classification:** Medical Device. **Composition:** Andolex® Wildberry Pastilles. Each 1g pastille contains Ectoin® 10 mg, (sugar) sorbitol 100 mg, maltitol 422 mg, (sweetener) acesulfame K 1 mg. **Scheduling status:** [S1] **Proprietary name (and dosage form):** ANDOLEX® ANALGESIC LOZENGES. **Composition:** Each lozenge contains: Benzydamine hydrochloride 3,00 mg. **Registration number:** 31/16/0239. **Scheduling status:** [S1] **Proprietary name (and dosage form):** ANDOLEX® ANALGESIC SPRAY. **Composition:** Each lozenge contains: Benzydamine hydrochloride 45 mg/15 ml. **Registration number:** 51/16.5/0924. **Scheduling status:** [S0] **Proprietary name and dosage form:** Andolex® Throat Lollies **Composition:** Each Throat Lolly contains: Cetylpyridinium chloride 3 mg. **Reference number:** H1541 (Act 101/1965)

For more information speak to your health care professional. Further information is available on request from inovapharma. **Name and business address of applicant:** iNova Pharmaceuticals (Pty) Limited. **Co. Reg. No.** 1952/001640/07, 15E Riley Road, Bedfordview. **Tel. No.** 011 087 0000. [www.inovapharma.co.za](http://www.inovapharma.co.za). 23171L IN4657/24.



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