

Remember to ask your doctor about any boosters you may need

Last time you were vaccinated, you were probably learning your ABCs!



A Booster dose of **tetanus, diphtheria** and **pertussis** is recommended for the following groups:⁸

- Any adult whose last booster was 10 or more years ago⁸
- Women of childbearing age should receive a pertussis booster vaccine before pregnancy, or as soon as possible after delivery, if not breastfeeding⁸
- All adults in close contact/who anticipate having close contact with infants (including grandparents, childcare workers) should receive a pertussis booster vaccine at least two weeks before the baby is born⁸
- All healthcare professionals with direct patient contact⁸

Booster vaccination is also important for adolescents and adults

- Immunity wanes over time, so you may no longer be protected against diseases which you were previously immunized against^{4,8}
- Vaccination is one of the best ways to protect yourself and your family against infectious diseases^{4,8}



Ask your doctor about the recommended adolescent and adult booster vaccine

ADOLESCENTS & ADULTS *Booster Vaccine*

References: 1. Rothstein E, Edwards K. Health Burden of Pertussis in Adolescents and Adults 2005. *The Paediatric Infectious Disease Journal*. 24:S44-S47. 2. Guiso N, et al. The Global Pertussis Initiative: report from a round table meeting to discuss the epidemiology and detection of pertussis 2011. *Vaccines*. 29:1115-1121. 3. Soofie N, et al. The Burden of Pertussis Hospitalization in HIV-Exposed and HIV-Unexposed South African Infants. *CID* 2016;63 (Suppl 4):S165-S173. 4. Stark K, et al. Seroprevalence and determinants of diphtheria, tetanus and poliomyelitis antibodies among adults in Berlin, Germany. *Vaccine*. 1999;17:844-850. 5. WHO, Diphtheria vaccine position paper, *Weekly Epidemiological Record*. 2006;81(3):29. 6. WHO, Polio vaccines and polio immunisation in the pre-eradication era: WHO position paper. *Weekly Epidemiology Record* 2010. 7. WHO, International travel and health. Available at <http://www.who.int/ith/disease/polio/en/index.html>. Accessed July 2013. 8. Kretsinger K, et al. Preventing tetanus, diphtheria, and pertussis among adults: use of tetanus toxoid, reduced diphtheria toxoid and acellular pertussis vaccine. Recommendations of the Advisory Committee on Immunization Practices (ACIP). *MMWR Recomm Rep*. 2006;55(RR-17):1-37.

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Vaccines are not just for kids. Adolescents and adults need booster vaccination to sustain their protection

Ask your doctor about the pertussis booster vaccine for adolescents and adults

ADOLESCENTS & ADULTS *Booster Vaccine*

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BOOSTER VACCINATION

Why should adolescents and adults be vaccinated?

Did you know...

The protection you receive from childhood vaccines is not lifelong^{1,2}



In recent outbreaks of **pertussis**, adolescents and adults have accounted for the majority of the cases reported.^{1,2} The greatest morbidity and mortality rates are in infants <12 months of age due to infants being too young to be vaccinated.³

Pertussis incidence is increasing in older age groups, as immunity acquired through childhood vaccination declines.^{1,2}

Adolescents and adults may suffer from **pertussis** infection that can lead to complications.¹

The protection conferred by childhood vaccinations against major vaccine-preventable diseases such as **tetanus, diphtheria, pertussis and poliomyelitis**, wanes over time.^{1,2,4}

Without a booster dose, the adult population becomes at risk of infection²

Adults can be at risk of severe and potentially fatal major vaccine-preventable diseases^{4,6,8}

Did you know...

There is limited treatment against these **4 severe**, and potentially fatal infectious diseases^{4,6,8}

Tetanus⁸

Tetanus is a frequently fatal infectious disease, acquired through a bacterium that is universally present in the soil and therefore impossible to eradicate.

Diphtheria⁴

Diphtheria is a potentially severe disease, caused by a bacterium transmitted from person to person through close physical and/or respiratory contact.

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major vaccine-preventable diseases

Pertussis⁴

Pertussis, or "whooping cough", is a highly contagious respiratory infection that is spread through close contact such as talking, coughing or sneezing.

Poliomyelitis^{6,7}

Poliomyelitis (polio) is an acute viral disease, spread from person to person, that can lead to paralysis, severe breathing difficulties and death. There is no cure for poliomyelitis.

Vaccination is one of the best forms of protection against major infectious diseases such as **tetanus, diphtheria, pertussis and poliomyelitis**^{4,8}

Booster vaccination helps adolescents and adults stay healthy, by preventing serious infections

Did you know...

By getting vaccinated, you can help ensure you don't spread severe diseases to your family and loved ones^{4,8}



- The World Health Organization (WHO) recommends re-vaccination of adults against **tetanus** and **diphtheria** every 10 years to sustain immunity^{5,8}
- Until **polio** has been certified as eradicated globally, all polio-free countries and areas remain at risk of **polio** importation and renewed outbreaks^{6,7}
- All travellers to and from **polio** epidemic countries should be fully vaccinated before travelling^{6,7}

A booster vaccine, which confers protection against **tetanus, diphtheria, pertussis and poliomyelitis**, in one single dose, is available for adolescents and adults